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**In Ovo feeding in poultry: A review****Chandiranathan T, Pasupathi Karu, Valli C and Om Prakash AV****Abstract**

*In ovo* supplementation of nutrients is a technique to enhance the productivity of broiler chickens. Currently, more focus is being given to research works on *in ovo* supplementation of nutrients to augment hatchability and increase market weight at early age in broilers. Literatures pertaining to *in ovo* supplementation of nutrients are reviewed hereunder.

**Keywords:** *In ovo*, poultry, supplementation

**Introduction*****In Ovo* Feeding**

The first *in ovo* delivery of exogenous material was reported in 1980's for vaccination against Marek's disease (Sharma and Burmester, 1982)<sup>[41]</sup>. Uni and Ferket (2003)<sup>[19]</sup> invented and patented the concept of administrating a nutritive solution into the amniotic fluid so as to feed supplemental nutrients to the embryo which consumes the amniotic fluid prior to hatch (Romanoff, 1967)<sup>[32]</sup>. Therefore, delivering essential nutrients into the embryo intestine can be made possible by the addition of a nutrient solution to the embryonic amniotic fluid. Injected substances can be actively or passively ingested by the embryo *via* the amniotic fluid and can be subsequently absorbed into various organs prior to hatch (Jochemsen and Jeurissen, 2002; Uni *et al.*, 2005)<sup>[21, 47]</sup>. The *in ovo* feeding solution can be prepared with many potential nutrient supplements. The administration of nutrients into hatching eggs is called *in ovo* feeding (Uni *et al.*, 2005)<sup>[21]</sup>. This *in ovo* feeding may 'jump-start' development, improving the nutritional status of the perinatal chick or poult (Ferket, 2011)<sup>[11]</sup>.

**Significance of *In ovo* Feeding**

The nutrient content of the hatching egg influences the development and growth of embryos during incubation and the post-hatch performance of chicks (Al-Murrani, 1982; Shafey *et al.*, 2013)<sup>[2, 39]</sup>. The growth performance and meat yield of commercial poultry has improved linearly each year with greater input efficiency (Havenstein *et al.*, 2003)<sup>[19]</sup>. As the time it takes for meat birds to achieve market size decreases, the period of embryonic development becomes a greater proportion of a bird's life. Today, the 21 day incubation period and the 10 day post-hatch period of the chick composes about 50 per cent of a 2 kg broiler's life span, consequently early survival problems will increase as the poultry industry moves toward more fast-growing strains (Foye *et al.*, 2006a)<sup>[12]</sup>. *In ovo* feeding technology has established a new science of perinatal nutrition that will open opportunities for greater production efficiency (Ferket, 2011)<sup>[11]</sup>.

Hamadani *et al.* (2013)<sup>[18]</sup> reviewed that *in ovo* feeding is expected to yield several advantages, among them reduced post hatch mortality and morbidity; greater efficiency of feed-nutrient utilization at an early age; improved immune response to enteric antigens; reduced incidence of developmental skeletal disorders; improved hatchability; increased muscle development and breast-meat yield and finally shortened the period required to reach target market weight. These benefits will ultimately reduce the production cost per kg of the consumable poultry meat.

***In ovo* feeding in different species of poultry**

*In ovo* feeding has been carried out in broiler chicken to a large extent (Bhanja *et al.*, 2015; Kita *et al.*, 2015; Oliveira *et al.*, 2015)<sup>[4]</sup>. *In ovo* supplementation of nutrients has also been studied in ducks (Tangara *et al.*, 2010; Liu *et al.*, 2011; Selim *et al.*, 2012; Gaafar *et al.*, 2013)<sup>[14, 27, 38, 44]</sup>, in turkeys (Gore and Quershi, 1997; Coles *et al.*,

2001; Foye *et al.*, 2006b)<sup>[7, 13, 17]</sup>, in Japanese quail (Al-Daraji *et al.*, 2012)<sup>[1]</sup> and in pigeons (Dong *et al.*, 2013)<sup>[9]</sup>.

### Various routes of *in ovo* feeding

Various routes were adopted for *in ovo* feeding of nutrients in different species of poultry. Al-Murrani (1982)<sup>[2]</sup> was the first to attempt improving embryo body weight by adding amino acids to the yolk sac of chicken embryos at 7 days of incubation. Many other researchers have also attempted to study the administration of nutrients through yolk sac (Kadam *et al.*, 2008; Chamani *et al.*, 2012; Gaafar *et al.*, 2013; Moghaddam *et al.*, 2013; Salmanzadeh *et al.*, 2015; Shafey *et al.*, 2014; Bhanja *et al.*, 2015)<sup>[4, 5, 14, 23, 30, 40]</sup>. Intra amniotic nutrient administration accelerated small intestine development and had an enhanced effect on the function of enterocytes in chicken (Tako *et al.*, 2004; Uni and Ferket, 2004)<sup>[43, 46]</sup>. The embryonic avian amnion has proven to be an efficient site for *in ovo* injection (Zhai *et al.*, 2008; Keralapurath *et al.*, 2010; Dooley *et al.*, 2011; McGruder *et al.*, 2011a; Chamani *et al.*, 2012; Coskun *et al.*, 2014)<sup>[5, 8, 10, 24, 29, 49]</sup>. Substances in the amnion enter the embryo through the mouth and can be subsequently absorbed through the intestine, respiratory tract and lungs (Jochemsen and Jeurissen, 2002). The other routes of *in ovo* feeding is through albumen (Liu *et al.*, 2011; Salmanzadeh, 2012)<sup>[27, 35]</sup>, allantoic cavity (Gonzales *et al.*, 2013) and air cell (Coles *et al.*, 2001; Al-Daraji *et al.*, 2012; Kita *et al.*, 2015; Madej *et al.*, 2015)<sup>[7]</sup>.

### *In ovo* supplementation of various nutrients

After the introduction of *in ovo* technique different nutrients were supplemented into the poultry species at various doses through different routes. Almost all the nutrients were given along with sterilized normal saline (Shafey *et al.*, 2014)<sup>[40]</sup>. Tako *et al.* (2004)<sup>[43]</sup> injected carbohydrates and  $\beta$ -hydroxy  $\beta$ -methyl butyrate supplementation through *in ovo* and studied their performance. The effect of maltose, dextrin, sucrose and  $\beta$ -hydroxy  $\beta$ -methyl butyrate (Uni *et al.*, 2005); maltose, sucrose, dextrin and sodium chloride (Smirnov *et al.*, 2006); sucrose and maltose and arginine (Tangara *et al.*, 2010)<sup>[44]</sup>; maltose (Jia *et al.*, 2011); dextrin and  $\beta$ -hydroxy  $\beta$ -methyl butyrate (Kornasio *et al.*, 2011); IGF-1 (Liu *et al.*, 2011)<sup>[27]</sup> and glucose, fructose, maltose, sucrose and dextrin (Zhai *et al.*, 2011)<sup>[10]</sup> were experimentally inoculated and studied. Amino acids that were supplemented through *in ovo* includes arginine (Foye *et al.*, 2006a; Al-Daraji *et al.*, 2012), threonine (Kadam *et al.*, 2008; Salmanzadeh *et al.*, 2011)<sup>[23, 35]</sup>, glutamine (Chen *et al.*, 2010), lysine and arginine (Al-Asadi, 2013), arginine, histidine, methionine, phenylalanine, threonine, valine, lysine, tryptophan, leucine, isoleucine, proline, serine, alanine and cysteine (Gaafar *et al.*, 2013)<sup>[14]</sup>, glutamine (Shafey *et al.*, 2013)<sup>[39]</sup>, lysine, arginine, glutamine, glycine and proline (Shafey *et al.*, 2014)<sup>[40]</sup>, lysine, threonine, arginine, methionine and cysteine (Bhanja *et al.*, 2014) and isoleucine, leucine and valine (Kita *et al.*, 2015). Improved performance on supplementing vitamin E (Gore and Qureshi, 1997)<sup>[17]</sup>, vitamins A, B<sub>1</sub>, B<sub>6</sub>, C and E (Bhanja *et al.*, 2006), vitamin E (Selim *et al.*, 2012)<sup>[38]</sup>, vitamin D (Gonzales *et al.*, 2013)<sup>[16]</sup>, vitamins A, B<sub>1</sub>, B<sub>2</sub>, B<sub>6</sub> and E (Goel *et al.*, 2013)<sup>[15]</sup> and vitamin E (Salary *et al.*, 2014) was reported. Minerals including iron, zinc, manganese, calcium, copper and phosphorus (Yair and Uni, 2011)<sup>[48]</sup>, zinc, manganese and copper (Oliveira *et al.*, 2015)

<sup>[31]</sup> and nano forms of copper, zinc and selenium (Joshua *et al.*, 2016)<sup>[22]</sup> were also administered *in ovo*.

*In ovo* supplementation of various nutrients: maltose, multivitamin supplements, zinc-glycine, glutamine (Santos *et al.*, 2010)<sup>[37]</sup>, amino acids, trace elements, fatty acids and vitamins (Bakayaraj *et al.*, 2012)<sup>[3]</sup> and dextrose, amino acid mixture and albumin (Chamani *et al.*, 2012)<sup>[5]</sup> were also studied. Other nutrients or additives that were supplied through *in ovo* route includes L-carnitine (Dooley *et al.*, 2011)<sup>[10]</sup>, theophylline and electrolytes (McGruder *et al.*, 2011a and 2011b)<sup>[29]</sup>, royal jelly (Moghaddam *et al.*, 2013)<sup>[30]</sup>, pollen extract (Coskun *et al.*, 2014)<sup>[8]</sup> and prebiotics and synbiotics (Madej *et al.*, 2015). *in ovo* feeding of fertile broiler eggs (18<sup>th</sup> day incubation, amniotic route) with amino acids [(Glycine – 3.22 mg + Proline – 3.24 mg) and (Lysine – 5.16 mg + Arginine – 5.04 mg + Glutamine – 12.10 mg)] in combination with nano form of selenium (0.3  $\mu$ g) dissolved in normal saline along with control (*in ovo* fed only with normal saline) was found to improve the performance of broiler chicken (Chandiranathan *et al.*, 2015)<sup>[6]</sup>.

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