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# Silicon – The most under-appreciated element for vegetables

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#### Abstract

Silicon (Si) has not been recognized as an essential element for plant growth but beneficial effects of Si have been observed in a wide variety of plant species. The positive effects of Si are usually expressed more clearly in Si-accumulating plants under various biotic stress conditions. Silicon is effective in controlling various pests and diseases caused by both fungi and bacteria in different plant species. Silicon also exerts alleviative effects on various abiotic stresses including salt stress, metal toxicity, drought stress, radiation damage, nutrient imbalance, high temperature, freezing and so on. These beneficial effects are mainly attributed to the high accumulation of silica on the tissue surface although other mechanisms have also been proposed. This review paper is tribute to understand different aspects of silicon *viz.*, silicon absorption by plants, reaction of silicon in soil, silicon transport and content in plants, sources of silicon and beneficial effects of silicon furthermore review of research work for vegetable crop production also included.

Keywords: Silicon under-appreciated vegetables essential element

#### Introduction

Vegetables are so common in human diet that a meal without a vegetable is supposed to be incomplete in any part of the India. Vegetables are important food and highly beneficial for the maintenance of health and prevention of diseases. They contain valuable food ingredients which can be successfully utilized to build up and repair the body. India is the second largest producer of vegetables in the world, next to China. These are grown in about 6 million hectares forming 3% of the total cropped area. Though the vegetable requirement is 300g/day/person as recommended by dietician, we are able to meet about 1/9<sup>th</sup> of that requirement only. Looking at the national scenario, vegetables have tremendous strength in terms of natural resources and biological assets especially genetic resources. Large number of wild taxa of indigenous vegetables are available in the different agro-ecological zones of the country and hardly some of them have been capitalized. This needs further attention and efforts to develop varieties resistant to biotic and abiotic stresses. India has to go a long way to accelerate the vegetable production, considering the national and international demand. There is a need to achieve the target of 225 million tonnes by the end of 2020 and 350 million tonnes by 2030. In all this circumstances the beneficial element Silicon and it's uses particular for vegetable crops may prove the solution or answers for many questions regarding vegetable production. Silicon role for vegetable production was overlooked or under-appreciated but the beneficial effects of this element on growth, yield, quality and disease resistance have been observed in wide range of research on vegetables.

#### Silicon Absorption by Plants

Plants absorb silicon from the soil solution in the form of monosilicic acid, also called orthosilicic acid [H4SiO4]. The largest amount of silicon is absorbed by sugarcane (300–700 kg of Si ha<sup>-1</sup>), followed by rice (150–300 kg of Si ha<sup>-1</sup>), and wheat (50–150 kg of Si ha<sup>-1</sup>) (Bazilevich.1993) <sup>[3]</sup>. On an average, plants absorb from 50 to 200 kg of Si ha<sup>-1</sup>. Such values of absorbed silicon cannot be fully explained by passive absorption (such as diffusion or mass flow) because the upper 20 cm soil layer contains only an average of 0.1–1.6 kg Si ha<sup>-1</sup> as monosilicic acid (Matichenkov *et al.*, 1997&2000) <sup>[34, 35]</sup>. Results have shown that rice roots possess specific ability to concentrate silicon from the external solution

(Takahashi *et al.*, 1995)<sup>[44]</sup>. Yoshida *et al.*, 1975<sup>[48]</sup> revealed that rice plant absorbs silica in the form of ortho-silicic acid (H4SiO4 or Si (OH)4) along with water from the growing medium and the water is lost through transpiration. Because of continued absorption and transpiration, the Si concentration increases and at higher levels ortho-silicic acid polymerizes into silica gel (SiO2\_nH2O) through a non-enzymatic reaction.

#### Chemical reactions of silicon in the soil

Silicon produces by the weathering processes of primary and secondary minerals including clay silicates in the soil. The main sources of silicon in soil solution are the decomposition of plant residues, dissociation of polymeric H4SiO4, release of silicon from iron and aluminium oxides and hydroxides, dissolution of non-crystalline and crystalline minerals and addition of silicon fertilizers. Silicon fertilizers are mostly neutral or slightly alkaline in biochemical nature. The most available form of silicon is found in the soil solution is silicic or monosilicic acid (H4SiO4) a non-charged molecule, which can be easily absorbed by the plants.

#### Reactions

 $\begin{array}{l} \text{CaSiO3+ H2O} \leftrightarrow \text{Ca2+ + SiO3-2+ H2O} \\ \text{SiO3-2 + 2H-} \leftrightarrow \text{H2SiO3} \\ \text{H2SiO3+ H2O} \leftrightarrow \text{H4SiO4} \end{array}$ 

Sandy soils are low in silicon in the upper horizons but clay soils show higher concentrations of phyllosilicates (minerals that release Si and Al3+) and silicon in comparison to sandy soils.

#### **Silicon Transport in Plants**

In the plant, silicon is transported from the root to shoot by the transportation stream in the xylem.Soluble monosilicic acid may penetrate through cell membranes passively. After root adsorption, monosilicic acid is translocated rapidly into the leaves of the plant in the transpiration stream (Ma.2006) <sup>[31]</sup>. Silicon is concentrated in the epidermal tissue as a fine layer of silicon-cellulose membrane and is associated with pectin and calcium ions. By this means, the double-cuticular layer can protect and mechanically strengthen plant structures. With increasing Si concentration in the plant sap, monosilicic acid is polymerized. The chemical nature of polymerized silicon has been identified as silicon gel or biogenic opal, amorphous SiO2, which is hydrated with water molecules. Monosilicic acid polymerization is assigned to the type of condensable polymerization with gradual dehydration of monosilicic acid and then polysilicic acid. Plants synthesize silicon-rich structures of nanometric (molecular), microscopic (ultrastructural), and macroscopic (bulk) dimensions. 90% of absorbed silicon is transformed into various types of phytoliths or silicon-cellulose structures, represented by amorphous silica. Partly biogenic silica is generated as unique cell or inter-cell structures at the nanometer level.

#### Silicon Content of plant

The content of silica in plants is equivalent to or more than the major nutrients N, P, K supplied through fertilizers.Higher plants differ characteristically in their capacity to take up silicon (Marschner.1996) <sup>[32]</sup>. Some plants absorb more silica than they require and this gets deposited on tissues as it cannot be excreted (Esan.1953) <sup>[13]</sup>. Depending on their SiO2 content expressed as a percentage of shoot dry weight (SDW), they can be divided into three major groups: wetland Gramineae, such as wetland rice or horsetails (Equisetum),

10-15%; dryland Gramineae, such as sugarcane and most of the cereal species and a few dicotyledons, 1-3%; and most dicotyledons, especially legumes, <\0.5% (Takahashi et al., 1977)<sup>[42]</sup>. Among the plants, silica concentration is found to be higher in monocotyledons than in dicotyledons and its level shows an increase from legumes<fruit crops<vegetables< grasses<grain crops (Thiagalingam et al., 1977) [45]. The aerial plant parts accumulate more Si than roots. In general the Si content of shoots tend to decline in worts>horse following order: liver tails>club mosses>mosses>angiosperms>gymnosperms>ferns (Hodson et al., 2005)<sup>[18]</sup>. Grasses accumulate 2–20% foliar dry weight as hydrated polymer or silica gel.

#### Sources of Silicon

Although silicon is a very abundant element, for a material to be useful as a fertilizer, it must have a relatively high content of silicon, provide sufficient water-soluble silicon to meet the needs of the plant, be cost effective, have a physical nature that facilitates storage and application, and not contains substances that will contaminate the soil (Gascho.2001)<sup>[14]</sup>. Many potential sources meet the first requirement however, only a few meet all of these requirements. Crop residues, especially of silicon-accumulating plants such as rice, are used as silicon sources. However, the crop demand for application of Si fertilizer generally exceeds that which can be supplied by crop residues. Inorganic materials such as quartz, clays, micas, and feldspars, although rich in Si, are poor silicon-fertilizer sources because of the low solubility of the Si. Calcium silicate, obtained as a byproduct of steel and phosphorus production, is one of the most widely used silicon fertilizer. Potassium silicate, though expensive, is highly soluble and can be used in hydroponic culture. Other sources that have been used commercially are calcium silicate hydrate, silicagel, and thermo-phosphate (Gascho.2001)<sup>[14]</sup>. Silicon alleviates certain nutritional disorders like a kiochior bronzing. (Liang et al., 2003) [28] strongly suggested that Si may be involved in metabolic or physiological and/or structural activity in higher plants exposed to abiotic and biotic stresses.

#### **Effect of Silicon on Biotic Stress**

The Si in plants is found to alleviate many biotic and abiotic stresses, leading to the application of silicates either directly to crops or incorporate it into the fertilizers applied. It does not form a constituent of any cellular component but is primarily deposited on the walls of the epidermis and vascular tissues conferring strength, rigidity and resistance to pests and diseases. The effect of Si on plant resistance to pests is considered to be due to accumulation f absorbed Si in the epidermal tissue or expression of pathogensis-induced hostdefense responses. Accumulated monosilicic acid polymerizes into polysilicic acid and then transforms to amorphous silica, which forms a thickened silicon-cellulose membrane and which gets associated with pectin and calcium ions. By this means, a double-cuticular layer protects and mechanically strengthens plants. Silicon might also form complexes with organic compounds in the cell walls of epidermal cells, therefore increasing their resistance to degradation by enzymes released by the rice blast fungus (Si gets associated with lignin-carbohydrate complexes in the cell wall of epidermal cells (Inanga et al., 1995)<sup>[19]</sup>.

#### **Disease Resistance**

The mechanism for Si-induced resistance to diseases is due to

(i) Si acting as a physical barrier and (ii) soluble Si acting as a modulator of host resistance to pathogens. Silicon is deposited beneath the cuticle to form a cuticle-Si double layer which mechanically impede penetration of fungi and thus disrupt the infection process.

A research team in Florida headed by Lawrence Datnoff demonstrated the effectiveness of Si enrichment in c ontrollingseveral diseases of warm-season turf grasses. About30% of gray leaf spot on St. augustine grass was controlledby Si applications, and its addition increased the effectiveness of fungicide treatments (Brecht et al., 2001)<sup>[5]</sup>. Common bermudagrass exhibited a doubling of Si content when its growth medium was supplemented with calcium silicate (Datonof et al., 2003)<sup>[8]</sup>. Silicon stimulates chitinase and rapid activation of peroxidases activity and polyphenoxidases after fungal infection (Cherf et al., 1994)<sup>[7]</sup> Glycosidically bound phenolics extracted from Si amended plants when subjected to acid or ß-glucosidase hydrolysis displayed strong fungistatic activity.

# Against the Insect –Pest

The deposition of silica on epidermal layers offers a physical barrier to insects. Sucking pests and leaf eating caterpillars have a low preference for the silicified plant tissues. The incidences of stem maggots, green leaf hopper, brown plant hopper and white backed plant hopper, leaf folder etc. in rice were reduced due to Si nutrition. Use of ash in the home to control aphids is an old age practice in rural India. Application of Si to corn affected the infection of the Spodoptera.

# Effect on Abiotic Stress

Silicon nutrition alleviates many abiotic stresses including physical stress like lodging, drought, radiation, high temperature, freezing, UV and chemical stress like salt, metal toxicity, nutrient imbalance and many others (Epstein, E.1994) <sup>[11]</sup>. It increases drought tolerance in plants by maintaining plant water balance, photosynthetic efficiency, erectness of the leaves and structure of xylem vessels under high transpiration rates due to higher temperature and moisture stress(Hattori et al., 2005)<sup>[17]</sup>. The beneficial effects are attributed to Si deposition in the cell walls of roots, leaves, culms and hulls. Silicon deposits in cell walls of xylem vessels prevent compression of the vessels under conditions of high transpiration caused by drought or heat stress. The silicon cellulose membrane in epidermal tissue protects plants against excessive loss of water by transpiration. This action occurs owing to a reduction in the diameter of stomatal pores and, on sequently, a reduction in leaf transpiration. The Si deposition in roots reduces the binding sites for metals resulting in decreased uptake and translocation of salts and toxic metals from roots to shoot.

There are several hypotheses to combat abiotic stresses *viz.*, (a) improved photosynthetic activity,(b) enhanced K/Na selectivity ratio, (c) increased enzyme activity, and (d) increased concentration of soluble substances in the xylem, resulting in limited sodium adsorption by plants. Si alleviated effects have been associated with an increase in antioxidant defense mechanism of plants. There are various types of mechanisms with in the plant tissues helps to alleviate water stress by decreasing transpiration and improves light interception characteristics by keeping the leaf blade erect(Epstein.1999) <sup>[12]</sup>. Accumulation of Si will form a thick silicated layer on the leaf surface which effectively reduces

cuticular transpiration. The findings from Japanese researchers revealed that the application of silica will reduce transpiration loss by as much as 30%. A well-thickened layer of silica gel associated with the cellulose in the epidermal cellwalls, which reduces water loss, while an epidermal cellwall with less silica gel will allow water to escape at an accelerated rate (Wong et al., 1972)<sup>[47]</sup>. Kaya et al. (2006)<sup>[24]</sup> reported that inhibition of plant growth was significantly alleviated by Si supplement. Under water stress, Si significantly increased the dry weight of shoots and total biomass of maize. Lux et al. (2002) [21] noted that Si applicationin creased growth of Sorghum bicolor, grown under waterstress. Water stress tends to increase biomass partitioningto roots, increasing root: shoot ratio (Klepper. 1991)<sup>[25]</sup>. It reduces leaf concentration of calcium (Ca) and potassium (K) in maizeplants, but the addition of Si increases these nutrient levels; Ca level remains normal in well-watered conditions under the high-Si treatment, but K was lower. It was also suggestedthat silica in plants filter harmful ultraviolet radiation reaching leaf surface, acting as 'windows' (Tisdale et al., 1985)<sup>[41]</sup>.

Silicon can also alleviate imbalances between zinc and phosphorus supply. Silicon supply increases the photo assimilation of carbon and also promotes the assimilated carbon to the panicle in rice (Takahashi et al., 1982)<sup>[43]</sup>. It is probably the only element which is able to enhance the resistance to multiple stresses. The mechanism of such protection is due to Si binding with metals and preventing their concentration to toxic levels at localized sites. Iron, manganese and aluminum are the metals most often found to be less toxic in the presence of Si. In Si-accumulator plants, iron and manganese are immobilized within the roots before they can be transported to shoots (Ma et al., 1990)<sup>[30]</sup>. Gong et al,. (2003) <sup>[15]</sup> reported that application of Si can increase dry matter (DM) of wheat in well-watered conditions and improve the growth under drought conditions by maintaining high leaf area. It insures high assimilatory capability, thickening leaves which are beneficial to reduce the transpiration loss of water. Therefore, application of Si may be an available pathway to increase production of wheat crop in arid or semi-arid areas. Silicon did not change the relative water content (RWC) and water potential without drought stress. But drought stress decreased them, and they were higher in the presence of added Si than absence. Therefore, Si application could improve the water status under drought conditions. The leaf area was also significantly increased by Si in the well-watered conditions. Silicon application improved water economy and DM yield of wheat (Korndo et al., 2001)<sup>[26]</sup>.

# Effect on Yield

Silicon fertilizers are applied to crops in several countries for increased productivity and sustainable production. It was found beneficial to barley, wheat, corn, sugarcane, cucumber, citrus, tomato and other crops (Epstein.1999) <sup>[12]</sup>. Several studies have suggested positive growth effects of silicon nutrition, increased biomass, yield and pollination (Kornodor *et al.*, 2001) <sup>[27]</sup>. Application of Si improves growth of maize and increases its production and yield in arid or semi-arid areas underwater-stress conditions (Kaya *et al.*, 2006) <sup>[24]</sup>. Mukhtar *et al.* (2012) <sup>[36]</sup> revealed that silicon nutrition has significant effect on crop growth, physiological attributes and yield parameters. The effect was more significant for wheat variety Chakwal-50 under10% Si application with irrigation as compared to other genotypes under other levels of Si

concentrations. It boosted up crop growth and accumulation of more photo assimilates from source to sink and consequently, it led to higher grain yield. Ahmed et al. (2011) <sup>[1]</sup> found that the increase in silicon leads to increase in leaf area index(LAI), specific leaf weight, chlorophyll content (SPAD), leaf dry weight (LDW), SDW, root dry weight (RDW),total dry weight (TDW) and remarkable decrease in leaf water potential and shoot to root ratio in sorghum cultivars as compared to control treatment. When silicon concentration is applied with irrigation LAI, SPAD, LDW, SDW, RDW, TDW, net assimilation rate, relative growth rate, leaf area ratio and water use efficiency increased by 30, 31,40, 30, 28, 30, 27, 35, 32, 30 and 36% respectively as compared to water deficient treatment. These results suggest that silicon application may be useful to improve the drought tolerance of sorghum through the enhancement of water uptake ability. Due to a synergistic effect, applied Si has the potential to raise the optimum rate of N, thus helping to enhance yields (Elawad et al., 1979)<sup>[10]</sup>. Raid et al. (1992)<sup>[38]</sup> reported an average increase of 20% in sugarcane yield by the Ca silicate application at3 tons/acre. Its application benefited both crops in a rice sugarcane rotation when applied prior to rice planting (Hattori et al., 2005) [17]. Sugarcane yield responses to Ca silicate application ranged from 0 to 9 tons sugar/acre/year with relative yield being reduced to as much as 23% without application (Anderson et al., 1987)<sup>[2]</sup>. Research findings from China revealed that rice yield of 7.5 t/ha require 750-1,500 kg ha-1 of silica. On an average, 1,125 kg ha-1 of silica is required to achieve that yield. This far exceeds the absorption of the three major plant nutrients namely nitrogen, phosphorous, and potassium. Application of Si in rice increased the grain yield under both upland and water logged conditions (Datta et al., 1985) <sup>[9]</sup>. The application of silicate augmented its absorption by rice plant other nutrients as well. With adequate Si the uptake of nitrogen was increased (Sadanandan et al., 1969) [39]. However, decrease in N content was also reported in rice in response to Si addition to solution culture (Islam et al., 1969) <sup>[20]</sup>. Greenhouse and field experiments showed benefits of Si fertilization for rice, barley, wheat, corn, sugarcane, cucumber, tomato, citrus and other crops (Epstein.1999)<sup>[12]</sup>.

# Review of research work on Vegetables Growth and yield:

The effect of two different silicate mineral product was applied as foliar spray treatments during head formation to evaluate head weight of Six Cabbage cultivars and revealed that silicate mineral treatment recorded significantly higher head weight in two cultivars. (Balint *et al.*, 2010) <sup>[4]</sup>.

Application of K-silicate at 1.5 kg/Fed resulted in higher stem diameter and maximum RGR, NAR and LWC in Capsicum during both season. (Kamal, 2013)<sup>[23]</sup>.

Jaywardana *et al.* (2014) <sup>[21]</sup> noticed that Capsicum recorded significantly higher shoot length, number of leaves, average leaf area, fruit length, fresh weight of fruit and yield per plant with rice hull leachate+AL and rice hull leachate+NF treatment over control.

Jing-Kai *et al.* (2014) <sup>[22]</sup> measured significantly higher plant fresh weight (60.04 g), pseudostem length (12.90 cm), pseudostem diameter (14.87 mm) and maximum plant height (58.33 cm) in Garlic with Si-1.5 (mmol/l) treatment. Furthermore, they found significantly higher Chlorophyll a, b and carotenoid content (0.71 mg/g, 0.19 mg/g and 0.20 mg/g, respectively), stomatal conductance (878.34 mmol/m<sup>2</sup>/s) with Si-1.5 (mmol/l) treatment. Transpiration rate (5.14 mmol/m<sup>2</sup>/s) was also found significantly lower in this treatment.

Olle (2014) <sup>[37]</sup> studied the effect of silicon on cucumber and found that silicic acid treatment recorded significantly 35 per cent higher plant height (cm) and significantly 27 per cent higher stem diameter (cm) than control. He also noticed significantly higher nitrogen and phosphorus content in dry matter of cucumber plant.

Gowda *et al.* (2015) <sup>[16]</sup> recorded the maximum plant height (104.13 cm and 103.20 cm) as well as no.of branches/plant (24.85 and 23.20) in both *kharif* and *rabi* seasons in tomato with OSV-5 (T<sub>9</sub>). OPV-3 (T<sub>4</sub>) recorded significantly higher Chlorophyll-a content (1.53 mg/g and 1.59 mg/g) and maximum total chlorophyll content (2.66 mg/g and 2.55 mg/g) in both *kharif* and *rabi* seasons. In case of chlorophyll-b maximum content (1.57 mg/g and 1.51 mg/g) recorded with OSV-1 (T<sub>5</sub>).They also noticed maximum number of fruits per plant (94.24 and 79.85), maximum fruit yield per plant (3.90 kg and 3.47 kg), maximum fruit yield per plot (66.08kg and 53.74kg) in both *kharif* and *rabi* seasons with OSV-5 (T<sub>9</sub>).

Maria *et al.* (2016) <sup>[33]</sup> observed significantly higher plant height (59.3 cm), fresh weight of root, stems and leaves (6.2, 38.1 and 25.7 g/plant, respectively) and also dry weight of root, stems and leaves (2.1, 7.5 and 5.7 g/plant, respectively) of tomato cv. Magilsas found maximum with nano silica treatment. The minimum day required for anthesis (16) was recorded with micro silica. They also found significantly higher fruit yield (143.9 g/plant), higher fruit weight (13.8 g) and number of fruits per plant (10.2) with nano silica treatment.

# **Biotic and abiotic stress**

Murillo *et al.*(2007) <sup>[37]</sup> investigated the effect of calcium silicate to the nutrient solution under salt stress on two legumes (Cowpea and Kidney bean) and noticed that in both the crops, salinity reduced growth variables but silicate supplementation partly overcome this growth reduction.

Carlos *et al.* (2009) <sup>[6]</sup> noticed the effect of silicon application and water deficit on potato and found higher Si concentration on potato leaves (0.47%), reduction of stem lodging (36.8%), increased mean tuber weight (36.0g) and tuber yield (1014.6 g/plant).

Sharifa (2015) <sup>[40]</sup> observed that silicon at different level (1 mM, 2mM and 3mM) alleviated the harmful effect of Cd and Pb supplemented with different concentrations (0, 5, 50 and 100 mM/l for Cd and 50, 500 and 1000 mM/l for Pb) on germination and growth of faba bean.

Torlon *et al.* (2016) <sup>[46]</sup> found that the percent of leaf area covered by powdery mildew in Pumpkin tended to be lowest at 63 DAS (4%) and at 71 DAS (55%) with Wollastonite. However, among from other amendments, Montana Grow also recorded the lower leaf area by powdery mildew at 68 DAS (40%).Both these amendments also recorded the lowest percent of powdery mildew at 65 DAS, 67 DAS and 70 DAS (17, 32, and 40%, respectively).

#### Conclusion

The supplementation of Silicon with nutrient element to the vegetable crops play a vital role for significant increase in growth, yield and quality. Silicon application also resulted in increase the productivity by act as defense system and thereby neutralizing the extremities of various biotic and abiotic stresses. Silicon plays significant roles in the growth and development as well as acts as a defense system thereby neutralizing the extremities of various biotic and abiotic

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stresses. Despite of this, Si has not received the attention it requires. Hence it is the need of hour to proceed wider and bring together not just strictly plant physiological evidence but to include findings and experiences gathered by botanists, agronomists, horticulturists, plant pathologists, plant biochemists and still others. There is no justification for the disregard of Si in so much science of plant biology. The evidence is forcing that in the real world of plant life, the presence and role of Si matters.

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